

Habit 1: Be proactive

Take responsibility for your life

Habit 2: Begin With The End In Mind

Define your mission and goals in life

Habit 3: Put First Things First

Prioritize, and do the most important things first

Habit 4: Think Win-Win

Have an “everyone-can-win” attitude

Habit 5: Seek First to Understand, Then to Be Understood

Listen to people sincerely

Habit 6: Synergize

Work together to achieve more

Habit 7: Sharpen the Saw

Renew yourself regularly

CHALLENGE

Life for teens today is no longer a playground. It's a jungle out there, with tough choices, peer pressure, personal insecurities, and anxiety about what others think. Then consider feelings of depression, inferiority, and jealousy of others' successes, plus self-destructive behaviors such as pornography, vandalism, and gangs.

SOLUTION

The 7 Habits of Highly Effective Teen's workshop from FranklinCovey, based on the best-selling book of the same name by Sean Covey and the No. 1 best-selling business book The 7 Habits of Highly Effective People by Stephen R. Covey, gives young people a set of proven tools to deal successfully with real life. The habits build upon each other and foster behavioral change and improvement from the inside out.

OUTCOMES

The 7 Habits of Highly Effective Teens Workshop Empowers Youth To:

- Gain greater control of their lives
- Improve relationships with family and friends
- Increase self confidence and self-esteem
- Be Responsible
- Define their values and what matters most to them
- Recognize and prioritize their goals
- Resist peer pressure
- Improve academic performance

UPCOMING WORKSHOP OPPORTUNITIES

